

*KTA Turkey Presents  
Research Symposium in  
Partnership with Istanbul  
Atlas University  
October 02-04, 2026*





# Research Symposium Agenda

DAY 1

Friday October 02, 2026  
8:30am-6:10pm

8:30am

**Registration and Opening**  
*KTAI and KTA Turkey*

9:30am

**History and Future of Kinesio**  
*KTAI*

9:45am

**In Memory of Dr. Kenzo Kase and Jim Wallis**  
*Video- KTAI*

10:00am

**KEYNOTE LECTURE: Research on Muscular Mechanics within the context of Fascial Integrity and Its implications for Kinesio Taping**  
*Professor Can Yucesoy*

10:30am

**BREAK**

11:00am

**The Effect of Kinesio® Taping Following Platelet-Rich Plasma on Pain and Function in Women with Knee Osteoarthritis: A Randomized Controlled Trial**  
*Kubra Ayse Dasedemir*

11:20am

**Immediate effect on pain and ROM after applying Kinesio Taping® to an osteoarthritic knee with Grade IV patellofemoral chondropathy.**  
*Txema Aguirre*

11:40am

**Update on Kinesio Taping for Pediatrics**  
*Patricia Martin and Audrey Yasukawa*

DAY 1

Friday October 02, 2026

8:30am-6:10pm

12:10pm

LUNCH

1:40pm

**How Kinesio Tapes works at brain level? : Theoretical Model**

*Massimo Zocchi*

2:00pm

**Does Kinesio Tape Really Increase The Epidermal- Dermal Distance? A histological study**

*Nihan Karatas*

2:20pm

**Placebo Kinesio Taping Application in Randomized Placebo-Controlled Trials: A Systematic Review**

*Dalibor Kiseljak*

2:40pm

**Kinesio Taping for the Overhead Athlete's Shoulder: Systematic Review and the Evidence Gap Map**

*Elif Turgut*

3:00pm

**Navigating the Diagnostic Labyrinth of Fascia Disorders: Successful Management with Kinesio Taping After Multiple Specialist Referrals**

*Kenneth Wutoh*

3:20pm

DISCUSSION: QUESTION AND ANSWER

3:40pm

BREAK

4:00pm

**Pick One of Two Workshops:**

**Kinesio Taping Pediatrics:** *Patricia Martin and Audrey Yasukawa*  
**Kinesio Medical Taping (EDF) for Recovery with Sports Injury: Evidence-Based Clinical Applications for Functional Recovery:** *Stefano Frassine and Gul Baltaci*

5:10pm

**Pick One of Two Workshops:**

**Cutaneous Mechanotransduction, Affective Touch, and Clinical Outcomes: A Neurophysiological Model for KinesioTaping:** *Troy Lavigne*  
**Anytime Kinesio:** *Takayoshi Kawamoto*

7:30pm

DINNER

8:30am

Sign In

9:00am

**From Assessment to Efficacy: The AI Evolution in Kinesio Taping**

*Orhan Öztürk & Umut Ziya Koçak*

9:30am

**Effects of Kinesio® Tape Classic Application on Quadriceps Muscle Function**

*Shun Hanada*

9:50am

**Lymphedema fo Upper Extremity**

*Pinar Borman with Kamil Yazicioglu*

10:05am

**Lymphedema fo Lower Extremity**

*Kamil Yazicioglu*

10:25am

**BREAK**

10:45am

**Lymphoedema Taping Post Mastectomy**

*Gudrun Collins*

11:05-11:45am

**ROUND TABLE: 4 Case Studies**

***Kinesio Medical Taping (KMT) as an Alternative Pain Modality (APM) in an Older Adult with Acute-on-Chronic Pancreatitis***

*Amanda Papay*

**High-Tension Kinesio Taping as a "Flexible Cast" in the Management of MRI-Confirmed Muscle Rupture: A Two-Case Clinical Report**

*Dragan Dimitrijević*

**Kinesio Taping for Knee Contusion in a Hiker on Mount Kilimanjaro: A Case Report**

*Michael Pridham*

**Kinesio Taping affects on Hand Function of Essential Tremor (ET): Case Study**

*Yen-Chen Chang*

11:45

**Round Table: Question and Answer**

12:05

LUNCH

1:35-3:05pm

ROUND TABLE: 6 Research Studies

***Which technique is the best for symptoms: Fascia, oedema, pain and WHY?***

*Kostas Diamontoupolis*

***Acute Effects of Strong Kinesio Taping and Sham Taping on Shoulder Isokinetic Rotator Muscle Performance in Asymptomatic Basketball Players***

*Nazli Busra Cigercioglu*

***Combining Kinesio® Taping With Acupuncture & Eastern Medicine: A Functional Approach to Movement, Pain, and Nervous System Regulation***

*Noriko Ueda Lang*

***Effects of Stabilization Exercises and Taping on Cervical Muscle Performance in Women with Forward Head Posture***

*Pinar Basbug*

***The Impact Of Combining Kinesio Taping® with Orthopedic Manipulative Physical Therapy on Regaining and Maintaining Lumbar Facet Mobility in Patients with Low Back Pain: An Exploratory Pilot Study***

*Garry Catapang*

***Effect of a Rehabilitation Program With or Without Kinesio Taping on Shoulder Pain and Function After Mastectomy in Women With Breast Cancer***

*Ghazi Sharhan*

3:05pm

Round Table: Question and Answer

3:25pm

BREAK

3:40-5:10pm

ROUND TABLE: 6 Research Studies

***Immediate Effect of Gastrocnemius Kinesio Taping on Static Balance Control***

*Hermes Romero*

***Effects of Two Different Kinesiotaping Methods on Balance in Individuals with Pes Planus***

*Irem Tamer*

DAY 2

Saturday October 03, 2026

8:30am-5:45pm

**Comparison of Fiber-Aligned Strains and Principal Strains in the Tibialis Anterior Following Kinesio Taping**

*Can A. Yucesoy*

**Accuracy And Consistency Of Physiotherapists In Application Of Tape Tension: Preliminary Results Of An Observational Study On Kinesio Taping Practitioners With Different Experience Levels**

*Dilara Bal*

**EFFECTS OF DIFFERENT KINESIO TAPING APPLICATIONS ON TISSUE STIFFNESS, PAIN AND FUNCTION IN PATIENTS WITH MYOFASCIAL PAIN SYNDROME**

*Nihan Karatas*

**Acute Effects of a Novel "Cupping Taping" Technique on Skin Temperature Over the Deltoid Muscle: A Thermal Imaging Study**

*Umut Ziya Kocak*

5:10pm

**Round Table: Question and Answer**

5:30pm

**Closing**

DAY 3

Sunday October 04, 2026

8:30am-12:00pm

8:30am

**Sign In**

9:00am

**Posters**

10:00-11:00am

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